

BE PART OF THE ADVENTURE.
MISSION: JEEP 4X4
GEOCACHING CHALLENGE.



This year's adventure features more challenges, gear giveaways and the chance to win an all new 2007 Jeep Compass. Freedom in a whole new dimension.

Jeep



GPS ROUTES TO FITNESS

Run, ride or hike your way around the U.S. with these comprehensive destination features, complete with GPS waypoints for easy navigation.

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activities

BIKE: LA



By Gina DeMillo Wagner

WHY HERE, WHY NOW:

Because stellar mountain biking within the shadow of LA is truly rare. Savor it here.

THE DIRT:

Enjoy views of Catalina Island and the Pacific Ocean before descending to a cool creek under the pleasant shade of sycamore trees on the 8.9-mile **Sullivan Canyon Loop**. The trail has a few drops and some tight, fast turns with a few rocky sections. Since the trail is popular with hikers too, watch for people on descents and corners.

MORE INFO:

<http://www.socalmtb.com>

TRAILHEAD:

Take I-405 N to Sunset Blvd. Head W and turn right onto Mandeville Canyon Rd. Take a left onto Westridge Rd. and another left onto Bayless Rd. Finally, turn left onto Queensferry Rd. and park near the large gate.

TRAIL DETAILS:

Mile	Description	GPS (latitude and longitude)
0	Pedal page gate and zigzag along the stream	34.07366N, -118.50656W
.7	Turn left onto steep, heart-thumping singletrack and begin the loop	34.08172N, -118.51422W
1.1	Turn right at road	34.08037N, -118.51483W
2.3	Scenic ridgetop vista stretches to Pacific Ocean	34.09450N, -118.52365W
3	Avoid unmarked side trails; keep on the main path	34.10378N, -118.52422W
4.4	Turn right and zoom down tight turns into namesake canyon	34.12176N, -118.52856W
8.1	Keep straight to pickup return trail back to the trailhead	34.08179N, -118.51424W

SHOPS:

For all things athletic, stop by **Niketown Los Angeles** (9560 Wilshire Blvd. in Beverly Hills; 310/275-9998) or **The North Face** (423 North Beverly Dr.; 310/246-4120). For quality bike rentals, gear, and tune-ups, visit **Beverly Hills Bike Shop** (854 S Robertson Blvd.; 310/275-2453) or **Aviation Cyclery** in Manhattan Beach (1075 N Aviation Blvd.; 310/372-1910).

GRUB:

For the best people-watching and food nearby, head into Beverly Hills. Innovative sushi with a no-frills décor can be found at **Matsuhisa** (129 N La Cienega Blvd.; 310/659-9639; nobumatsuhisa.com). For great margaritas and tasty (if a little overpriced) Mexican food, stop by **Frida Restaurant** (236 S Beverly Dr.; 310/278-7666). And if you're feeling like a star, have a nightcap at **Nic's Restaurant and Martini Lounge** (453 N Canon Dr.; 310/550-5707; nicsbeverlyhills.com).

CRASH:

Affordable lodging in Beverly Hills is an oxymoron, but there are secrets to finding deals. **The Beverly Hilton** (9876 Wilshire Blvd.; 310/274-7777; beverlyhilton.com) is a luxury property that at \$250 per night—costs half as much as the more famous **Beverly Hills Hotel** (9641 Sunset Blvd.; 310/276-2251; thebeverlyhillshotel.com). If that's still out of your price range,

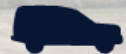
Bicycling

NAVIGATE

LR3

LAND-ROVER

On April 6th, the LR3 navigated a plane from Nice to Corsica



THE VEHICLE



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Visit www.landroverusa.com



try the Best Western **Beverly Pavilion Hotel** (9360 Wilshire Blvd; 800/441-5050; www.beverlypavilion.com) with rates starting just over \$100 per night.

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